Global Progress test 1
Listening

A: Next week is Diwali, the Hindu festival of light. Uttara Shahani, the well-known Indian chef, will be busy cooking for her Diwali feast this week, and today she’s going to show us how to prepare gulab jamun. So Uttara, what have we got here?

B: Well, I decided to make gulab jamun, something sweet, because Diwali’s a time when we all prepare and give out sweets and snacks. I’ve got here some flour, milk, butter and sugar.

A: Those are very simple ingredients!

B: Yes, it’s a very easy dish and everybody loves it. It’s basically milk balls in a sugar syrup.

A: So, what do you do?

B: Well, first you melt the butter in a saucepan. Then mix the butter with the flour and some milk powder – like this. It makes a thick mixture. Then use your hands to make about 18 or 20 small balls.

A: Mm, they look like small golf balls!

B: Yes, about that size. OK, now put some oil in a pan and make sure the oil is really hot. Carefully, put the balls into the oil and fry them for about five minutes. … OK, now you can see that when they’re ready they come to the top of the pan and I can take them out. Don’t let them get too dark.

A: How do you eat them?

B: We serve them with sugar syrup. This is very easy to make – just put sugar and water and some spices into a pan and heat until the sugar melts. Then pour this into a bowl and keep it warm. Put the gulab jamuns into the syrup. They’re really good if you keep them in the syrup all night.

A: Mm! They smell delicious – I can’t wait to try one – tomorrow!
Global Progress test 1
Pronunciation

Listen to the words. Write them under the correct sound.

children
asked
wanted
breakfast

ekettle started picture snack talked rich completed developed
Global Progress test 2
Listening

What is British design? Is there such a thing? Let’s look at some of the internationally recognised British inventions. The original Mini, a brilliant piece of new design, was the idea of Alec Issigonis, an ethnic Greek with German connections, born in Turkey, who came to Britain as a refugee. The new Mini, which replaced it in 2001, was the product of a German-owned company. The head of the team of designers was an American, Frank Stephenson – he later became head of design at Fiat in Turin. And finally in the car world, the head of exterior design for another fabulous British car, the Bentley, is a Brazilian, Raul Pires, whose previous job was with Skoda in the Czech Republic.

On the other hand, at that very American company Apple, the top designer, Jonathan Ive, is British-born and educated. He has made more people buy more products through the power of design than anyone in the electronics business. But is the iPhone a piece of British design? Jasper Morrison who advises Japanese company Muji on selling to Japanese consumers, and designs fridges for Korean companies, is as British as Jonathan Ive. But does that mean we can say that his products are ‘British’?
Global Progress test 2
Pronunciation

You mustn’t wear a uniform.
I can hear you.
You must stop now.
She can’t come to your party.

smile    listen    time
waste    mail    have
money    some    home
Global Progress test 3
Listening

Speaker A

Well, I'm really an armchair supporter, you know. I always watch every
Wimbledon tournament on TV, and I usually watch some of the US Open
matches on Sky Sports. I went to the French Open in Paris once too – that
was fantastic. But to be honest, I haven't played myself in years. I can tell a
good shot when I see one, you know what I mean, but mmm... I can't analyse
why it was such a good shot, not like the TV commentators can.

Speaker B

I've suffered a lot these last two years. I'm a good guy and I've tried to keep a
positive attitude, but I really couldn't understand why no clubs wanted me. I
have to thank my coaches, supporters and fans, who still love me and had
faith in me. When I was picked for the national team for the African Cup of
Nations I was really happy and now that I've signed for Lazio I'm even
happier. I'm now part of the Lazio family, a big Italian family. They're the only
club that have trusted me, and I'll help them win.

Speaker C

What's my favourite event? That's easy – the kilometre. The team sprint
involves two other riders and other teams. But I like to be in control, and in
the kilometre, I don't have to worry about what other people are doing. I live in
Birmingham, but I spend three days a week training at the national centre in
Manchester. So I drive up and down the motorway a lot, with the bike on the
back of the car! In fact that gives me time with my coach, which um...
psychologically, I've found very valuable.

Speaker D

I used to do it all the time as a kid – there were lots of public pools in London,
where I grew up, so we used to go most weekends and practically every day
in the holidays. These days I try to go once or twice a week so I get some
exercise. I find just doing length after length is very relaxing for the mind. I
think about all sorts of things while I'm in the water. And it's even better in
natural surroundings – in a Swedish lake, for example, or in the
Mediterranean.
Global Progress test 3
Pronunciation

/tʃ/  choose
/k/  character

stomach  chicken  ache  cheque
injection  continent  emoticon