

Activity

This is an activity to be done individually. Students make a personal study plan to practise English outside class.

Preparation

Copy and distribute the worksheets, one per student.

What to do

- 1 Write the letters *PSP* up on the board. Ask students what they think it means (some people might say *PlayStation Portable*, a game console, others may say *Paint Shop Pro*, a computer programme, there may be other possibilities). Accept any suggestions the students make, and then tell them that in this class *PSP* will mean *Personal Study Plan*. Each student will make their own.
- 2 Distribute the worksheets and ask the students to complete Part 1.
- 3 Before they start Part 2, explain how you would answer this question. Give a personal example of a time when you were studying something. Elicit a few similar answers from other students in the class, then instruct them to complete Part 2 for themselves.
- 4 Now, ask students to look through the activities in Part 3 and tick the ones that interest them. They can add extra study ideas if they like at the end.
- 5 When the students have finished this section, now is a good time to show them the *Global* e-workbook in detail. Explain that of the 15 activities listed in Part 3, the first 11 can all be done with the e-workbook. If you have a computer and projector in class, show the students the different sections; alternatively, simply ask them to look through the booklet.
- 6 In Part 4 students decide on a study goal – how much time they are going to devote to learning English outside of class. Encourage them to push themselves a little bit, but also to ensure that they set themselves a realistic goal.
- 7 The last part is optional. If you and your students want to, you can set up a study partner system. Study partners can work together out of class, and can inform each other of anything one or the other misses if he / she is absent. If students wish, they decide on a study partner and complete the information in Part 5.
- 8 Ask students to sign the page and file it away.

Note

A month or so into your course, ask students to take out their PSP and look at it again. Are they keeping up with their stated goals? Should they re-evaluate how they are spending their study time?

These sheets could also be used as a starting point for individual student-teacher meetings / tutorials, if you have those at your school.