**Activity**

This is an activity to be done individually. Students make a personal study plan to practise English outside class.

**Preparation**

Copy and distribute the worksheets, one per student.

**What to do**

1. Write the letters PSP up on the board. Ask students what they think it means (some people might say *PlayStation Portable*, a game console, others may say *Paint Shop Pro*, a computer programme, there may be other possibilities). Accept any suggestions the students make, and then tell them that in this class PSP will mean *Personal Study Plan*. Each student will make their own.

2. Distribute the worksheets and ask the students to complete Part 1.

3. Before they start Part 2, explain how you would answer this question. Give a personal example of a time when you were studying something. Elicit a few similar answers from other students in the class, then instruct them to complete Part 2 for themselves.

4. Now, ask students to look through the activities in Part 3 and tick the ones that interest them. They can add extra study ideas if they like at the end.

5. When the students have finished this section, now is a good time to show them the *Global e-workbook* in detail. Explain that of the 15 activities listed in Part 3, the first 11 can all be done with the e-workbook. If you have a computer and projector in class, show the students the different sections; alternatively, simply ask them to look through the booklet.

6. In Part 4 students decide on a study goal – how much time they are going to devote to learning English outside of class. Encourage them to push themselves a little bit, but also to ensure that they set themselves a realistic goal.

7. The last part is optional. If you and your students want to, you can set up a study partner system. Study partners can work together out of class, and can inform each other of anything one or the other misses if he / she is absent. If students wish, they decide on a study partner and complete the information in Part 5.

8. Ask students to sign the page and file it away.

**Note**

A month or so into your course, ask students to take out their PSP and look at it again. Are they keeping up with their stated goals? Should they re-evaluate how they are spending their study time?

These sheets could also be used as a starting point for individual student-teacher meetings / tutorials, if you have those at your school.